PLANT FACT SHEET

Ixeridium dentatum (Thunb. ex Thunb.) Tzvelev

GENUS *Ixeridium* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Roots

The plant is used in a fermented side dish called Kimchi.
The leaves are cooked and seasoned vegetables.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 20-50 cm tall. It has short rhizomes. The leaves at the base are crowded. They are narrowly oval and 4-15 cm long by 1-3 cm wide. They can be divided. There are fine teeth along the edge.

HABITAT

It is a temperate plant. It grows on mountain slopes and moist places between 300-1,100 m above sea level in China.

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