PLANT FACT SHEET

Pteridium aquilinum var. africanum (L.) Kuhn; Donat

GENUS *Pteridium* **FAMILY** Dennstaedtiaceae

COMMON NAMES Bracken fern tips

EDIBLE PARTS AND USES

Edible parts: Fronds, Rhizome, Root, Leaves

DESCRIPTION

A fern.

HABITAT

A tropical plant. It grows in open woodland.

NOTES

There are 6 Pteridium species. Some people regard it as one variable species. They are also put in the Pteridiaceae family.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0d48cbff-bda6-4137-9509-a05b98d23ce2