PLANT FACT SHEET

Arenga brevipes Becc.

GENUS *Arenga* **FAMILY** Arecaceae

COMMON NAMES Baling palm

EDIBLE PARTS AND USES

Edible parts: Pith, Growing tip, Cabbage, Sago, Starch, Fruit

The pith of the stem is eaten.

DESCRIPTION

A cluster palm. It grows 4 m tall. The trunk is 35 cm across. It is covered with old leaf fibres. The leaves have leaflets along the stalk. The leaflets are rhomboid and angular along the edges. The flowering shoots come from among the leaves. The fruit are oval and 3.5 cm across. They are yellow.

HABITAT

It is a tropical plant. It grows in lowland dipterocarp forests and up to 700 m above sea level. It has been recorded up to 1,700 m.

PRODUCTION

Cultivation

Plants can be grown from seeds and suckers.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0d5b9f12-092f-4a47-81f7-4865330dd4a6