PLANT FACT SHEET

Lycopus asper Greene

GENUS *Lycopus* **FAMILY** Lamiaceae

COMMON NAMES Rough Bugleweed, Rough water horehound

EDIBLE PARTS AND USES

Edible parts: Root, Tuber

Plants are dried, boiled and eaten.

DESCRIPTION

A herb. It grows 60 cm tall.

HABITAT

It is a temperate plant.

NOTES

There are about 10 Lycopus species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0ddcd97f-e440-4e58-a75c-65a1e0f19186