PLANT FACT SHEET

Ceropegia edulissima Bruyns

GENUS *Ceropegia* **FAMILY** Apocynaceae

COMMON NAMES Run fei cao

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

The tubers are eaten.

DESCRIPTION

A herb. It grows 5-15 cm tall. The tuber is round and 1-2 cm across. These are edible. The stems are erect and simple. The leaves are opposite and without leaf stalks. The leaves are narrowly sword shaped and 2-4 cm long by 2-3 mm wide. The flowers are at the top of the plant. The fruit are follicles 9 cm long by 4 mm wide.

HABITAT

A tropical plant. It grows in forests between 300–1200 m altitude in China. In Yunnan.

REFERENCES

Li Ping-tao; Michael G. Gilbert, W. Douglas Stevens, ASCLEPIADACEAE Flora of China. (As Brachystelma edule)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0de7ce44-f31e-4d4f-a4e7-163e80085ab2