PLANT FACT SHEET

Sesamum angustifolium (Oliv.) Engl.

GENUS *Sesamum* **FAMILY** Pedaliaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable, Seeds, Seeds - oil

DESCRIPTION

A herb. It grows 2 m tall. The leaves do not have leaf stalks. The leaves are narrowly sword shaped and 2-12 cm long by 0.1-1 cm wide. The flowers are pink and 2.5 cm long.

HABITAT

It is a tropical plant. It needs a sunny position.

REFERENCES

Ferns, Useful Tropical Plants.

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0e011ddf-3fdd-4950-ac3d-8e6538472088