PLANT FACT SHEET

Malva multiflora (Cav.) Soldano, Banfi & Galasso

GENUS *Malva* **FAMILY** Malvaceae

COMMON NAMES Smaller tree-mallow, Cretan hollyhock

EDIBLE PARTS AND USES

Edible parts: Leaves, Stems, Fruit

The immature fruit are eaten raw as a snack.
The young leaves and stems are stewed. They are also eaten with scrambled eggs.

DESCRIPTION

A herb. It grows each year from seeds. The stem is tough and hairy. It grows 1-3 m tall. The leaves have several lobes and can have wavy edges. The leaves are 10 cm long. The flowers are small and pink or light purple. The fruit is disk shaped.

HABITAT

It is a Mediterranean climate plant.

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