PLANT FACT SHEET

Vicatia thibetica H. Boissieu

GENUS *Vicatia* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Roots, Leaves

The roots are cooked to make soup. The leaves are mixed with flour to make cakes.

DESCRIPTION

A herb. It grows 20-80 cm tall. The leaves have 2-3 stalks of leaflets. These then has 5-6 pairs of secondary leaflets. The fruit is oval and 2.5-4 mm long by 1.5-2 mm wide.

HABITAT

It is a temperate plant.

REFERENCES

Chen, W., et al, 2021, Wild plants used by the Lhoba people in Douyu Village, characterized by high mountains and valleys, in southeastern Tibet, China. Journal of Ethnobiology and Ethnomedicine (2021) 17:46

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0e16117f-f9c2-49f4-b3d5-2fa6421cf343