PLANT FACT SHEET

Premna resinosa (Hochst.) Schauer

GENUS *Premna* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Seeds, Leaves - flavouring

The ripe fruit are eaten.
The seeds are eaten.
The leaves are used to flavour tea.

DESCRIPTION

A shrub. It grows 2-4 m tall. The branches are slender and white. The bark is thin and light brown and peels off in strips. The leaves have a smell. The leaves are 1-3 cm long. They are opposite and in groups of 4. Two are larger and two are smaller. The flowers are greenish-white. They are very small and in small groups. The fruit is black and fleshy. It is oval and 4-7 mm across.

HABITAT

It is a tropical to Mediterranean plant. It grows in lowland shrub and grassland. It grows between sea level and 1,000 m altitude. It can grow in arid places.

PRODUCTION

Cultivation

Plants can be grown from seeds. Sometimes the seeds need to have the hard seed coat nicked to allow germination.

Harvesting and Seed Production

There are 700-1,000 seeds per kg.

NOTES

Also put in the family Verbenaceae.

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