PLANT FACT SHEET

Adenosma indiana (Lour.) Merr.

GENUS *Adenosma* **FAMILY** Scrophulariaceae

COMMON NAMES Prik krataai

EDIBLE PARTS AND USES

Edible parts: Flowers - flavour, Spice, Vegetable

The dried flowers are used in small amounts to flavour some local dishes.

DESCRIPTION

An annual herb. It grows 40 cm high. The stems are angular and hairy. The leaves are simple and opposite. They are oval and taper to the tip. There are teeth around the edge. The flowering stalks are at the end of the plant and are cylinder shaped. They are like a spike. They are on a 15 cm stalk.

HABITAT

It is a tropical plant. Plants are best in a rich organic soil and in full sun. They need plenty of moisture. In China it is recorded in barren lands and dry mountain sides as well as along streams at low elevations. In Yunnan.

PRODUCTION

Cultivation

Plants can be grown from seeds.

REFERENCES

Japanese International Research Centre for Agricultural Science
www.jircas.affrc.go.jp/project/value_addition/Vegetables

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0e4f8b58-561f-43d5-bc5a-8407d852f324