PLANT FACT SHEET

Malachra alceifolia Jacq.

GENUS *Malachra* **FAMILY** Malvaceae

COMMON NAMES Bastard okra, Yellow leafbract

EDIBLE PARTS AND USES

Edible parts: Leaves - medicine

DESCRIPTION

A herb or shrub. It grows 1.6 m tall. The stems and branches can be hairy. The leaves can be oval and 3-5 angled. They are 6-9 cm long by 4-9 cm wide. The flowers are yellow. The fruit have bracts and many seeds.

HABITAT

It is a tropical plant. It can grow up to 1,500 m above sea level.

NOTES

The leaves and flowers contain Flavonoids, steroids, triterpenes anthocyanins, leucoanthocyanins, saponins.

REFERENCES

Kew Plants of the World On line

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0e9205fa-c11c-4e20-844a-62ac19561517