PLANT FACT SHEET

Virectaria procumbens (Sm.) Bremek.

GENUS *Virectaria* **FAMILY** Rubiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A straggling annual herb. It grows 30 cm high. It often forms roots at the nodes. The flowers are white.

HABITAT

A tropical plant. It grows in flooded rice fields and forests along rivers.

NOTES

The leaves are used as medicine.

REFERENCES

Burkill, H. M., 1985, Vol. 4

Harris, D. J., 2002, The vascular plants of the Dzanga-Sangha Reserve, Central African Republic. National Botanic Garden of Belgium, 2002. – 274 pages p 183

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 109

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 201

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0e97fa9b-b754-4ad0-9498-a0f4d4373f95