PLANT FACT SHEET

Brassica cretica Lam.

GENUS *Brassica* **FAMILY** Brassicaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Vegetable

The young shoots are eaten.

DESCRIPTION

A cabbage family herb. It grows 1 m tall. It keeps growing from year to year.

HABITAT

It is a Mediterranean plant. It grows amongst rocks usually near sea level. It needs to be in a sunny position.

NOTES

There are about 30 Brassica species and many cultivated varieties.

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