PLANT FACT SHEET

Ceropegia cufodontii Chiov.

GENUS *Ceropegia* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Root

The roots are boiled and dried.

DESCRIPTION

A climbing plant with tuberous roots.

HABITAT

It is a tropical plant. It grows in seasonally dry zones.

REFERENCES

Termote, C., et al, 2014, Assessing the potential of wild foods to reduce the cost of a nutritionally adequate diet: An example from eastern Baringo District, Kenya. Food and Nutrition Bulletin, vol. 35, no. 4

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0ef99213-7cb2-4342-9f31-51d40d90689c