PLANT FACT SHEET

Aster yomena (Kitam.) Honda

GENUS *Aster* **FAMILY** Asteraceae

COMMON NAMES Yomena

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are cooked and eaten.

DESCRIPTION

A herb. It keeps growing from year to year. It grows 1.5 m tall.

HABITAT

It is a temperate plant. It grows in moist lowlands in Japan. It can grow in cool climates to hardiness zone 5-9.

NOTES

There are about 250 Aster species.

PICTURES



Credit: Food Plants International (Bruce French)

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0f08ee21-37e6-47d3-ad98-87a670e9828c