PLANT FACT SHEET

Ficus ischnopoda Miq.

GENUS *Ficus* **FAMILY** Moraceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit

The leaves and fruit are eaten raw as a vegetable.

DESCRIPTION

A shrub. It grows 2-3 m tall. The bark is grey and has ridges along it. The leaves are long and narrow. They are 4-13 cm long by 1-3 cm wide. The base is wedge shaped and it tapers to the tip. They are clustered on the ends of the branches. The figs are in the axils of leaves or where leaves were. They are 1-2 cm long by 0.5-0.8 cm wide.

HABITAT

It is a tropical plant. It suits the wet tropics. It grows between 100-2,200 m above sea level.

REFERENCES

Chiang Mai University Vol. 4 , 1964, bio1080uu, Table 6 p 76

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0f0c691f-1a17-4ca8-b913-1cacc65df4b3