PLANT FACT SHEET

Dioscorea bemandry Jum et Perr.

GENUS *Dioscorea* **FAMILY** Dioscoreaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

The tubers are cooked and eaten.

DESCRIPTION

A yam. It is a climbing plant. It has a large rootstock. The annual stems twine around other plants. Tubers can be 40-80 cm long and 8-13 cm wide.

HABITAT

A tropical plant. It grows in forests at low elevations. It is often on sandy soils.

NOTES

There are about 650 species of Dioscorea.

REFERENCES

Fern, K., 2012, Tropical Species Database http://theferns.info/tropical/

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 15

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0f600ce9-6824-4279-ac1e-75c8a827de23