PLANT FACT SHEET

Plukenetia corniculata Sm.

GENUS *Plukenetia* **FAMILY** Euphorbiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Fruit, Seeds

The leaves are eaten as a vegetable. They have a sweet taste and smell of elder.
The mature seeds are eaten.

DESCRIPTION

A slightly woody climber. The stems are twining. It has some hairs. The leaf stalks are 2-8 cm long. The leaves are oval or triangle shaped and 7-16 cm long by 4-11 cm wide. They are heart shaped at the base and there are fine teeth along the edge. The flowering shoots are narrow and 2-5 cm long at the ends of branches. The fruit is a capsule that has 4 lobes or wings.

HABITAT

A tropical plant.

REFERENCES

Arora, R. K., 2014, Diversity in Underutilized Plant Species - An Asia-Pacific Perspective. Bioversity International. p 45, 108 (Also as Pterococcus corniculata)

Burkill, I.H., 1966, A Dictionary of the Economic Products of the Malay Peninsula. Ministry of Agriculture and Cooperatives, Kuala Lumpur, Malaysia. Vol 2 (I-Z) p 1865 (As Pterococcus corniculatus)

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 508

Martin, F.W. & Ruberte, R.M., 1979, Edible Leaves of the Tropics. Antillian College Press, Mayaguez, Puerto Rico. p 192 (As Pterococcus corniculatus)

Pawera, L., et al, 2020, Wild Food Plants and Trends in Their Use: From Knowledge and Perceptions to Drivers of Change in West Sumatra, Indonesia, Foods. 2020, 9, 1240

Terra, G.J.A., 1973, Tropical Vegetables. Communication 54e Royal Tropical Institute, Amsterdam, p 70 (As Pterococcus corniculatus)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

Zeven, A. C. & de West, J. M. J., 1982, Dictionary of cultivated plants and their regions of diversity. Wageningen. p 52

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0f84ee97-6e52-4f82-ab40-50f0bfa487bb