PLANT FACT SHEET

Ammi majus L.

GENUS *Ammi* **FAMILY** Apiaceae

COMMON NAMES Bishop's weed, Queen Anne's lace

EDIBLE PARTS AND USES

Edible parts: Seeds - spice, Stems, Leaves

The seeds are used as a spice or flavouring. They are used with meat and taste like thyme.
The young stems are eaten boiled, fried or raw in salads.
The basal leaves are mixed with Lavatera cretica (Malva multiflora) to make a vegetable dish.

DESCRIPTION

A small annual herb. It is slender and upright. It grows 1.5 m high and spreads 1 m wide. The leaves are light green and are divided 2 or 3 times. They are 15-20 cm long and divided into many finely toothed sword shaped leaflets. The flowers occur in large sprays and are white.

HABITAT

It is a temperate plant. It suits hardiness zones 6-10. It is a hardy plant and grows in the sun.

PRODUCTION

Cultivation

Plants are grown from seed.

NOTES

There are 10 Ammi species.

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