PLANT FACT SHEET

Tupistra nutans Wall. ex Lindl.

GENUS *Tupistra* **FAMILY** Asparagaceae

COMMON NAMES Nodding tupistra

EDIBLE PARTS AND USES

Edible parts: Flowering spike

The buds and flowers are made into curry.

DESCRIPTION

A herb. It has strap like leaves. They form a tall clump in a ring from a large rhizome. The flowers are fleshy and cream and purple.

HABITAT

It is a subtropical plant. In Sikkim it grows between 300-1,500 m above sea level.

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PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0fdd0ba4-b4cb-41ee-ab59-cef7b00af203