PLANT FACT SHEET

Cnestis sapinii De Wild.

GENUS *Cnestis* **FAMILY** Connaraceae

EDIBLE PARTS AND USES

Edible parts: Fruit

DESCRIPTION

A shrub.

HABITAT

A tropical plant.

NOTES

Come have this as a synonym or Cnestis conriculata.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 129 (As Cnestis sapinii)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/0ffe38e7-6fe3-448c-a83a-5fe0a76b5912