PLANT FACT SHEET

Harrisia pomanensis (F. A. C. Weber) Britton & Rose

GENUS *Harrisia* **FAMILY** Cactaceae

COMMON NAMES Midnight lady

EDIBLE PARTS AND USES

Edible parts: Fruit, Flowers, Root

The fruit are eaten fresh. They are also used for a drink.

DESCRIPTION

A thin stemmed cactus. The flowers come out at night. They are large. They are 20 cm across. The fruit is round. The pulp is white. It is edible. There are many seeds.

HABITAT

It is a subtropical plant. In Argentina it grows from sea level to 1,000 m above sea level.

REFERENCES

Anderson, E.F., 2001, The Cactus Family, Timber Press. p 372

Kermath, B. M., et al, 2014, Food Plants in the Americas: A survey of the domesticated, cultivated and wild plants used for Human food in North, Central and South America and the Caribbean. On line draft. p 405

Montani, M. C. & Scarpa, G. F., 2016, Recursos vegetales y prácticas alimentarias entre indígenas tapiete del noreste de la provincia de Salta, Argentina. Darwiniana, nueva serie vol.4 no.1 San Isidro jul. 2016

Palmieri, V. S., et al, 2018, Aproximaciones etnobotánicas de las especies y prácticas de frutos nativos comestibles de la Actualidad. Aportes para la interpretación del pasado prehispánico de cerro colorado (Córdoba, Argentina). Bol. Soc. Argent. Bot. 53 (1): 115-133

Palmeiri, V. S., & Geisa, M. G., 2019, Las plantas comestibles empleadas por las comunidades comechingonas de San Marcos Sierras (Córdoba, Argentina). Primeras aproximaciones. Bol. Soc. Argent. Bot. 54: 295-309.

Palmieri, V. S., et al, 2022, Wild edible plants of the Central Mountains in Argentina. Comparing subregions to understand the complexity of local botanical knowledge. Rodriguésia 73: e01092021. 2022

Scarpa, G. F., 2009, Wild food plants used by the indigenous peoples of South American Gran Chaco: A general synopsis and intercultural comparison. Journal of Applied Botany and Food Quality 83:90-101

Toledo, B. A. et al, 2009, Ethnobotanical knowledge in rural communities of Cordoba (Argentina): the importance of cultural and biogeographical factors. Journal of Ethnobiology and Ethnomedicine. 9:22

Vásquez, Ch. R. y S.G. Coimbra. 2002. Frutas silvestres comestibles de Santa Cruz, 2da edición.Editorial FAN, Santa Cruz de la Sierra, Bolivia.

Vasquez, Roberto Ch. & Coimbra, German S., 1996, Frutas Silvestres Comestibles de Santa Cruz. p 70 (As Harrisia sp.)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1031a6ee-4489-4c86-8a25-82e13e8f0c8f