PLANT FACT SHEET

Emilia discifolia (Oliv.) C. Jeffrey

GENUS *Emilia* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Plant

DESCRIPTION

A herb. It grows 20-60 cm tall. It can be branched. Young plants can have a white coating. The leaves are pale green. They are round or spoon shaped and 1-11 cm long by 0.2-5.6 cm wide. There can be teeth on the upper edge. The flowers are yellow or orange.

HABITAT

It is a tropical plant. It grows in grassland savannah between 650-2,200 m above sea level.

REFERENCES

Mutie, F. M., et al, 2023, Important Medicinal and Food Taxa (Orders and Families) in Kenya, Based on Three Quantitative Approaches. Plants 2023, 12, 1145

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/10496fab-10ea-46a1-97f0-d5050480ea1d