PLANT FACT SHEET

Manochlamys albicans (Aiton) Aellen

GENUS *Manochlamys* **FAMILY** Amaranthaceae

COMMON NAMES Spanspek soap bush, Spekbos

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

DESCRIPTION

A shrub. It has white stems. It grows 2 m tall. The branches are spread out sideways. The flowers are in crowded spikes at the ends of branches. They are small and yellow. The fruit is fleshy and yellowish green.

HABITAT

It is a subtropical plant. It grows on dry sandy slopes. It suits the desert or dry shrubland.

REFERENCES

Ruiters-Welcome, A. K., 2019, Food plants of southern Africa. Ph.D. thesis. Univ. of Johannesburg p 12

Welcome, A. K. & Van Wyk, B.-E., 2019, An inventory and analysis of the food plants of southern Africa. South African Journal of Botany 122 (2019) 136–179

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1062b434-dec3-41eb-82a0-9e9cc3c21ce1