PLANT FACT SHEET

Engelhardia spicata Leschen ex Blume

GENUS *Engelhardia* **FAMILY** Juglandaceae

EDIBLE PARTS AND USES

Edible parts: Fruit, Medicine

The ripe fruit are eaten.

DESCRIPTION

A tree. It can grow 20 m tall. It has a rounded crown. It can have buttresses 3 m tall.

HABITAT

It is a subtropical plant. It grows from sea level to 2,500 m above sea level. Arboretum Tasmania.

REFERENCES

Ethnobotany of Karbis. Chapter 4 in p 104

Sundriyal, M. & Sundriyal, R. C., 2004, Structure, Phenology, Fruit Yield, and Future Prospects of some Prominent Wild Edible Plant Species of the Sikkim Himalaya, India. Journal of Ethnobiology 24(1): 113-138

Teron, R. & Borthakur, S. K., 2016, Edible Medicines: An Exploration of Medicinal Plants in Dietary Practices of Karbi Tribal Population of Assam, Northeast India. In Mondal, N. & Sen, J.(Ed.) Nutrition and Health among tribal populations of India. p 152

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

LICENCE CC BY-NC-SA 3.0

ONLINE FACT SHEET https://www.echocommunity.org/en/resources/106935d6-60ff-4d1b-a5d2-c80fe238bb07