PLANT FACT SHEET

# *Symplocos cochinchinensis* (Lour.) Moore

**GENUS** *Symplocos* **FAMILY** Symplocaceae

**COMMON NAMES** Meut miang

## EDIBLE PARTS AND USES

**Edible parts:** Leaves, Shoots, Fruit

The leaves are eaten raw with hot spicy dished or added to curry.

## DESCRIPTION

A medium sized tree. It can grow 18 m tall. The trunk is grey or dark brown. The young twigs have rusty hairs. The leaves are simple and alternate. They are broadly oval and 12-19 cm long by 4-9 cm wide. They taper to the tip. The base is wedge shaped. There can be small teeth around the edge. The flowers are in spikes. The fruit are flask shaped and 5-7 mm long by 4-5 mm wide.

## HABITAT

It is a tropical plant. It grows in lowland and mountain forests. In Sichuan and Yunnan.

## PRODUCTION

### Cultivation

Plants can be grown by seeds or by using stem cuttings.

### Harvesting and Seed Production

Young shoots are harvested during the rainy season.

## REFERENCES


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World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/1075149e-2087-4192-b6aa-c7f85d8df44b