PLANT FACT SHEET

Scinaia moniliformis J. Agardh

GENUS *Scinaia* **FAMILY** Scinaiaceae

COMMON NAMES Glassweed

EDIBLE PARTS AND USES

Edible parts: Algae, Seaweed

It can be eaten raw.
It can be lightly cooked in coconut milk.

DESCRIPTION

A seaweed. The fronds are cylinder shaped but contracted like a string of beads.

HABITAT

It is a tropical plant. It grows below the low tide mark in lagoons and on reefs. It is attached to rocks and shells.

NOTES

There are 42 Scinaia species.

REFERENCES

http://www.seavegetables.com

Novaczek, I., 2001, A Guide to the Common Edible and Medicinal Plants of the Pacific Islands. SPC. p 29

Zemke-White, W. L. & Ohno, M., 1999, World seaweed utilisation: An end-of-century summary. Journal of Applied Phycology 11: 369-376

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/107b97f8-b82f-402d-92fe-61605e284d3d