PLANT FACT SHEET

Aruncus sylvester Kostel. ex Maxim.

GENUS *Aruncus* **FAMILY** Rosaceae

EDIBLE PARTS AND USES

Edible parts: Shoots, Stem, Leaves, Vegetable

DESCRIPTION

A shrub. It grows 3 m tall. The stems are woody at the base. The stems are dark purple. The leaves have 2 or 3 leaflets along the stalk. The leaflets are narrow and 5-13 cm long by 2-8 cm wide.

HABITAT

It is a temperate plant. It grows in mixed forests on mountain slopes between 1,800-3,500 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/109f3692-ab1a-4735-88e1-71ca7d1f5658