PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Albuca virens F. Delaroche

GENUS *Albuca* **FAMILY** Asparagaceae

COMMON NAMES Common chincherinchee

EDIBLE PARTS AND USES

Edible parts: Bulb, Leaves

The bulb is roasted and tastes like an onion. It is usually cooked with meat.
Caution: There are some claims that it is poisonous.

DESCRIPTION

A robust bulb plant. The bulbs are round and brown and softly fleshy. The leaves are narrow and wide at the base and taper to the tip. There are many flowers in a group. The fruit is a capsule longer than wide. The seeds are flattened and angular.

HABITAT

It is a tropical plant. It grows in stony ground.

NOTES

Also put in the family Liliaceae and Hyacinthaceae.

REFERENCES

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/10c10ffd-23a2-4cb3-a611-f9a047eda879