PLANT FACT SHEET

Ulva linza L.

GENUS *Ulva* **FAMILY** Ulvaceae

COMMON NAMES Slender sea lettuce

EDIBLE PARTS AND USES

Edible parts: Seaweed, Algae

DESCRIPTION

A seaweed. It is green and grows 30-45 cm long. It can be clusters or tubes or flat strips. The thalli have fringed edges.

HABITAT

It is a temperate plant. It grows on pebbles.

REFERENCES

Cherry, P., et al, 2019, Risks and benefits of consuming edible seaweeds. Nutrition ReviewsVR Vol. 77(5):307–329

Pereira, L., Edible Seaweeds of the World. CRC Press.

Wikipedia Sea vegetables.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/10cb7303-7ac8-4e49-ba82-92c3afaf384a