PLANT FACT SHEET

Alternanthera lanceolata Schinz

GENUS *Alternanthera* **FAMILY** Amaranthaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 1-2 m tall. The leaves are oval or sword shaped and 4-10 cm long by 1.5-2.5 cm wide.

HABITAT

It is a tropical plant. It has been collected at 1,000 m above sea level in Mexico.

REFERENCES

Pascual-Mendoza, S. et al, 2021, Traditional knowledge of edible plants in an indigenous community in the Sierra Norte of Oaxaca, Mexico. Plant Biosystems - An International Journal Dealing with all Aspects of Plant Biology

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/10e677e5-fa4c-4cba-adbd-b83a406a3b33