PLANT FACT SHEET

# *Lactarius laevigatus* Verbeken

**GENUS** *Lactarius* **FAMILY** Russulaceae

## EDIBLE PARTS AND USES

**Edible parts:** Mushroom, Fungus

It is boiled then dried and after that cooked and eaten.

## DESCRIPTION

A mushroom.

## HABITAT

It is a tropical plant. It grows in Miombo woodland.

## REFERENCES


Karhula P., et al, 1998, Tanzanian mushrooms and their uses 6. Lactarius. Karstenia 38:49-6

Verbeken, A. and Walleyn, R., 1999, Studies in Tropical African Lactarius species 7 A synopsis of the section edules and a review on the edible species. Belg. Journ. Bot. 132(2): 175-184



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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International



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**ONLINE FACT SHEET** https://www.echocommunity.org/en/resources/10f76bd2-ed57-4dd6-a7ef-1cc277c2db50