PLANT FACT SHEET

Gentiana scabra var. buergeri (Miq.) Maxim. ex Franch. & Sav.

GENUS *Gentiana* **FAMILY** Gentianaceae

COMMON NAMES Rindo

EDIBLE PARTS AND USES

Edible parts: Leaves

The leaves are eaten with oil and salt. They are best eaten with other food.

DESCRIPTION

A herb. It grows 20-80 cm tall. The leaves are narrowly oval and 3-8 cm long. The flowers are bell shaped and 4-5 cm long. They are blue.

HABITAT

It is a temperate plant. It grows between 400-1,700 m above sea level.

NOTES

There are about 400 Gentiana species.

REFERENCES

Altschul, S.V.R., 1973, Drugs and Foods from Little-known Plants. Notes in Harvard University Herbaria. Harvard Univ. Press. Massachusetts. no. 3311

Enum. 2:449. 1877

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

READ,

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/11166b97-82b2-4b89-9d9f-7da23da78818