PLANT FACT SHEET

Lepyrodiclis stellarioides Schrenk ex Fisch. & C.A.Mey.

GENUS *Lepyrodiclis* **FAMILY** Caryophyllaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten in soup and stews.

DESCRIPTION

It is an annual herb. It grows 10-60 cm tall. The leaves are narrowly sword shaped and 2-5 cm long by 1 cm wide. The flowers are reddish. The seeds are brown and kidney shaped.

HABITAT

It is a temperate plant. It grows between 1,900-3,500 mabove sea level.

REFERENCES

Jalali, M., et al, 2024, Ethnobotanical study of wild edible plants in the mountainous regions of Semnan Province, Iran. Journal of Ethnobiology and Ethnomedicine 20:93

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1176430e-270b-4865-9ab1-d72d2d7c21c7