PLANT FACT SHEET

Pedicularis lanata Willd. ex Cham. & Schltdl.

GENUS *Pedicularis* **FAMILY** Orobanchaceae

COMMON NAMES Woolly lousewort

EDIBLE PARTS AND USES

Edible parts: Flowers, Leaves, Root

The root is eaten raw and boiled. It can also be roasted. It is bitter.
The young flower tops are fermented. They are then eaten with oil and sugar as a dessert.
The flower stems are boiled and eaten as a potherb.

DESCRIPTION

A herb that keeps growing from year to year. It has a thick yellow taproot. The stem has grey white woolly hairs. It grows 15 cm high. The leaves are mostly at the base. They are dark green and 6 cm long. The flowers are pink to red. They are on a woolly spike at the top of the plant. The seed capsules are brown.

HABITAT

It is a cold temperate plant. It grows in the tundra on the high mountains in Alaska. It grows in dry rocky places.

NOTES

Also put in the family Scrophulariaceae.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1199940d-d84b-4363-bb86-ed36824011bc