PLANT FACT SHEET

Nigella arvensis L.

GENUS *Nigella* **FAMILY** Ranunculaceae

COMMON NAMES Wild fennel

EDIBLE PARTS AND USES

Edible parts: Seeds, Leaves, Spice

DESCRIPTION

An annual herb. It is short and hairless. The leaves are all alternate and have narrow segments. The flowers are pale blue or white. The veins are often green.

HABITAT

t is a temperate and Mediterranean climate plant. It grows on waste land and hillsides.

NOTES

There are about 15-20 Nigella species.

REFERENCES

Blamey, M and Grey-Wilson, C., 2005, Wild flowers of the Mediterranean. A & C Black London. p 53

Hedrick, U.P., 1919, (Ed.), Sturtevant's edible plants of the world. p 441

http://www.botanic-gardens-ljubljana.com/en/plants

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK. http://www.scs.leeds.ac.uk/pfaf/

Sp. pl. 1:534. 1753

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French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/11a25fd6-1572-4575-ac41-c8c5cf382124