PLANT FACT SHEET

Hypericum triquetrifolium Turra

GENUS *Hypericum* **FAMILY** Hypericaceae

COMMON NAMES Curled-leaved St. John's-wort, Tangled hypericum

EDIBLE PARTS AND USES

Edible parts: Leaves - tea

The leaves are sued for tea and also for flavouring molasses.

DESCRIPTION

A herb. It grows 50 cm tall. It has woody rhizomes or underground stems. The leaves are narrowly triangle shaped. They are 3-15 mm long by 1-6 mm wide. The edges are wavy. There are many flowers in broad open groups.

HABITAT

It is a temperate plant.

REFERENCES

Demir, I. & Ayaz, N., 2022, Wild edible plants contributing to the traditional foods of Mardin (Turkey) Province. Indian Journal of Traditional Knowledge Vol 21(3), July 2022, pp 569-582

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/12001aaa-9446-4fe2-96f2-cdbd2e0e4487