PLANT FACT SHEET

Horsfieldia glabra (Blume) Warb.

GENUS *Horsfieldia* **FAMILY** Myristicaceae

EDIBLE PARTS AND USES

Edible parts: Seeds

DESCRIPTION

A tree. It grows 20-25 m tall. The bark is dark brown. The leaves are narrowly oval and 13-20 cm long by 4-8 cm wide. The fruit is oval and 20-35 mm long and yellow.

HABITAT

It is a tropical plant.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Chaichana, N., 2016, Nutritional Composition and Analysis of Medicinal Herbal Potential of Horsfieldia glabra Warb. seeds. Int J Appl Sci Technol. Vol 9, No 1 pp 61-69

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1215d0d4-d408-4369-a3ca-083621c820d8