PLANT FACT SHEET

Smyrnium cordifolium Boiss.

GENUS *Smyrnium* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Herb, Stems

The stems have the bark removed and are then eaten raw.

DESCRIPTION

A herb. It grows 50-175 cm tall. The leaves near the base have 3 leaflets or 3 lobes. There are teeth along the edge. The upper leaves are are opposite and oval and heart shaped at the base. They can be 8 cm long. The flower heads have short stalks with 13-18 rays.

HABITAT

It is a temperate plant. It grows between 1,400-2,000 m above sea level.

NOTES

An unresolved name in The Plant List.
It probably has medicinal benefits for sleep disorders and kidney stones.

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