PLANT FACT SHEET

Ranunculus bulbosus L.

GENUS *Ranunculus* **FAMILY** Ranunculaceae

COMMON NAMES Bulbous Buttercup, Bulbous crowfoot

EDIBLE PARTS AND USES

Edible parts: Leaves, Root, Bulbs, Flowers

The starch of the root or bulb is used to add to bread flour after the bitter element is removed.
The roots can be boiled and eaten after thorough boiling and drying.
The young flowers are pickled.
CAUTION The plant has strongly acrid juice that causes blistering.

DESCRIPTION

A small plant which keeps growing from year to year. It grows 30-50 cm high and spreads 50-100 cm wide. The leaves are oval and pointed and have 3 large lobes with teeth. The flowers are bright, shiny and yellow. They are 30 mm across.

HABITAT

It is a temperate plant. It suits hardiness zones 7-10.

NOTES

There are about 400 Ranunculus species.

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