PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Bupleurum longiradiatum Turcz.

GENUS *Bupleurum* **FAMILY** Apiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves

DESCRIPTION

A herb. It grows 80-150 cm tall. It keeps growing from year to year. It has a thick rhizome. There is a single stem that is branched. There are several leaves. The leaf stalks at the base are 8-12 cm long. The leaves are narrowly oval and 8-17 cm long by 3-5 cm wide.

HABITAT

It is a temperate plant. In north China is grows on shady river banks between 200-900 m above sea level.

NOTES

There are about 100 Bupleurum species.

REFERENCES

Plants for a Future database, The Field, Penpol, Lostwithiel, Cornwall, PL22 0NG, UK.
http://www.scs.leeds.ac.uk/pfaf/

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/123dfbcc-8d25-4d71-a248-2d43a9da731b