PLANT FACT SHEET

Acmella alba (Lam.) A.H. Moore

GENUS *Acmella* **FAMILY** Asteraceae

EDIBLE PARTS AND USES

Edible parts: Leaves

The young leaves are eaten.

DESCRIPTION

A herb. It keeps growing from year to year. It can lie along the ground or be climbing. It has many branches. It forms roots at the nodes. It grows 15-150 cm long. The young stems have fine hairs. The leaves are opposite and broadly oval or triangle shaped. The leaves are dark green above and more pale underneath. They are 3-10 cm long by 2-7 cm wide. The flower heads are at the top of the plant. They have long stalks. The flower heads are round to oval. They are green.

HABITAT

A tropical plant. In Java it grows from the lowlands to 1,200 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/123f01f4-a105-4cfe-a234-1c318b2f2b18