PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Food Plants International: Probably not edible.

Edibility uncertain

It has not been confirmed that this plant is safe to eat. Do not eat it on the strength of this fact sheet alone.

Heliconia uxpanapensis C. Gut. Baez.

GENUS *Heliconia* **FAMILY** Heliconiaceae

DESCRIPTION

A herb. It can grow 5 m tall. The flower stalk has up to 15 red to purple bracts.

HABITAT

It is a tropical plant. It suits the wet tropics. It grows in the tropical rainforest.

REFERENCES

Piedra-Malagón, E. M., et al, 2022, Edible native plants of the Gulf of Mexico Province. Biodiversity Data Journal 10: e80565 p 20

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/12443ae9-2544-4f81-a95c-3cf9b39a25f5