



PLANT FACT SHEET

Atuna excelsa subsp. racemosa (Raf.) Prance

GENUS *Atuna* FAMILY Chrysobalanaceae

COMMON NAMES Ifiifi, Atuna tree

EDIBLE PARTS AND USES

Edible parts: Fruit - flavouring, Seeds, Fruit

The fruit are used to scent coconut oil.

They are also used to flavour fish.

The young fruit are eaten partially raw with cooked fish.

The seeds are eaten with fish.

DESCRIPTION

A medium sized tree. It can be 20 m tall. The trunk is 30-60 cm across. It has buttresses. The leaves are simple and entire. The leaves bear 2 glands on the side of the midrib near the base. The leaves are oblong and blunt at the base and slightly pointed at the top. The flowers are pressed closely together. The flower petals are white but can be tinged with purple near the base. The fruit are egg shaped. The fruit are brown and almost round. They are 8-10 cm across.

HABITAT

A tropical plant. In Fiji it grows from sea level to about 500 m altitude. It grows in forest and grassland. It occurs in Camarines, Albay, Masbate, Palawan and Mindanao in the Philippines. In Papua New Guinea it grows in the islands, Morobe and Western Provinces.

PRODUCTION

Harvesting and Seed Production

The trees produce flowers and fruit throughout the year.

NOTES

There are 8 *Atuna* species.

The fruit are used as putty to seal canoes.

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ONLINE FACT SHEET <https://www.echocommunity.org/en/resources/127c2f11-13a0-476e-9d47-b1ba188faf4a>