PLANT FACT SHEET

Polygonum sibiricum Laxm.

GENUS *Polygonum* **FAMILY** Polygonaceae

EDIBLE PARTS AND USES

Edible parts: Leaves, Seeds

The leaves are eaten.

DESCRIPTION

A herb. The rhizomes are slender. The stems can lie along the ground. They are 25 cm tall. They branch from the base. The leaf blade is narrowly oval and 3-10 cm long by 2-15 mm wide. The fruit are dry and black and shiny. They are 3 sided.

HABITAT

It grows from sea level to 5,100 m above sea level. It grows in salty deserts and near salty lakes.

NOTES

There are about 50 Polygonum species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/127f91aa-8f12-46e7-9180-ac731614b25b