PLANT FACT SHEET

Use with caution

This plant can be harmful if it is eaten raw, in large amounts or without the right preparation. Read the whole fact sheet before use.

Colchicum autumnale L.

GENUS *Colchicum* **FAMILY** Colchicaceae

COMMON NAMES Autumn crocus

EDIBLE PARTS AND USES

Edible parts: Root - starch

The starch of the root is a famine food for extending bread flour, after removing the bitter element.
Caution: It is probably poisonous until properly processed.

DESCRIPTION

A herb. It produces 1-3 red to purple flowers.

HABITAT

It is a temperate plant.

NOTES

There are 90 Colchicum species.

PICTURES



Credit: Food Plants International (Bruce French)

REFERENCES

Heywood, V.H., Brummitt, R.K., Culham, A., and Seberg, O., 2007, Flowering Plant Families of the World. Royal Botanical Gardens, Kew. p 358 (As Colchicum commune)

Lim, T. K., 2015, Edible Medicinal and Non Medicinal Plants. Volume 9, Modified Stems, Roots, Bulbs. Springer p 26

PARMENTIER, (As Colchicum commune)

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1294d75b-69f8-4623-afd6-8f72e6e4efab