PLANT FACT SHEET

Ficus racemosa var. glomerata L.,

GENUS *Ficus* **FAMILY** Moraceae

COMMON NAMES Cluster fig

EDIBLE PARTS AND USES

Edible parts: Fruit, Leaves

Young and ripe fruit are eaten raw.
The powder from the roasted fruit is used as a breakfast food.
The unripe fruit is pounded and mixed with flour and made into cakes.

DESCRIPTION

A fig. It is a large tree.

Probably now a synonym of Ficus racemosa.

HABITAT

A tropical plant. It grows in the tropics the Asia Pacific region.

PRODUCTION

Harvesting and Seed Production

In India the fruit are available October to January.

NOTES

There are about 800-1000 Ficus species. They are mostly in the tropics. There are 120 Ficus species in tropical America.

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