PLANT FACT SHEET

Pholidostachys synanthera (Mart.) H. Moore

GENUS *Pholidostachys* **FAMILY** Arecaceae

COMMON NAMES Palma paja cambana

EDIBLE PARTS AND USES

Edible parts: Palm heart, Cabbage, Fruit

DESCRIPTION

A palm. The stems are 3 m long and 6 cm wide. They can be larger. There are 15 leaves in the stem. The sheath is 32 cm long. The leaves are 0.8-1.3 m long. There are 10 leaflets on each side. The fruit are 14 mm long by 8 mm wide.

HABITAT

It is a tropical plant. It grows between 500-1,500 m above sea level.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/12a759bb-85b0-462a-9498-b3d09db458e7