PLANT FACT SHEET

Ischnolepis graminifolia (Costantin & Gallaud) Klack.

GENUS *Ischnolepis* **FAMILY** Apocynaceae

EDIBLE PARTS AND USES

Edible parts: Tubers, Root

DESCRIPTION

A succulent herb or shrub. It grows 2 m tall. It has a tuberous root 5 cm across. The leaves are arranged in rings of 3. These occur at each node but can be condensed to look like a ring of 9. The flowers are pale yellow.

HABITAT

A tropical plant.

NOTES

It is also placed in the Asclepiadaceae and the Periplocaceae.
There is only one Eschnolepis species.

REFERENCES

Jardin, C., 1970, List of Foods Used In Africa, FAO Nutrition Information Document Series No 2.p 17 (As Ischnolepis tuberosa)

Rev. Gen. De Bot. 21:54. 1909 (As Ischnolepis tuberosa)

World Checklist of Useful Plant Species 2020. Royal Botanic Gardens, Kew

PROVIDED BY **Food Plants International**

French, B.R. & Maynard, A.R. Food Plants International Database. Food Plants International

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/12d58996-5866-4c3a-b4b5-e86a41e020dd