PLANT FACT SHEET

Hedeoma floribunda Standl.

GENUS *Hedeoma* **FAMILY** Lamiaceae

EDIBLE PARTS AND USES

Edible parts: Leaves - flavouring

Used for flavouring. It is also used to make a tea.

DESCRIPTION

A low spreading herb. It keeps growing from year to year. The flowers are pale purple.

HABITAT

It is a tropical plant. It grows between 1,500-1,980 m above sea level.

NOTES

There are about 24 Hedeoma species.

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ONLINE FACT SHEET https://www.echocommunity.org/en/resources/1309f753-693a-4243-9d42-93f7ed74e5a6